

GMW JUNE ACTIVITIES 2018 SS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>SERVING SENIORS 1525 Fourth Ave. San Diego, CA 92101 (619) 235-6538 * All Activities Subject to Change</p>					<p>1 9-3 Elder Law (Clinical) 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 11:45 Ping Pong! (LI) 1:00 Friday @ the Movies (LI) 3:15 Ping Pong! (LI)</p>	<p>2 1:00 Special Bingo Hour! (LI)</p> 
<p>3</p> 	<p>4 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 12:00 Ping Pong! (LI)</p>	<p>5 8:30 Walking Group (MBSR) 9:00 Bingo! (LI) 10:00 Over a Cup of Coffee (MBSR) 1:00 Knitting & Crocheting (GP) 2:00 Ping Pong! (LI)</p>	<p>6 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 12:00 Creative Writing Group (LI) 1:00 Newsletter Committee (LI) 1:00 Knitting & Crocheting (GP) 1:30 Civic Engagement (LI)</p>	<p>7 8:30 Walking Group (MBSR) 9:00 White Elephant Sale! (LI)</p> 	<p>8 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 11:45 Ping Pong! (LI) 1:00 Friday @ the Movies (LI) 3:15 Ping Pong! (LI)</p>	<p>9</p> 
<p>10</p> 	<p>11 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 12:00 Ping Pong! (LI)</p> 	<p>12 8:30 Walking Group (MBSR) 9:00 Bingo! (LI) 10:00 Over a Cup of Coffee (MBSR) 12:30 Sharp Presentation (LI) 1:00 Knitting & Crocheting (GP) 2:00 Ping Pong! (LI)</p>	<p>13 9:00 Feeling Fit Club (LI) 9:45 Cooking Demo! (DR) 10:15 Feeling Fit Club (LI) 1:00 Knitting & Crocheting (GP) 1:00 Newsletter Committee (LI) 1:30 Civic Engagement (LI)</p>	<p>14 8:30 Walking Group (MBSR) 10:20 Bingo! (LI) 11:40 Travelers Class (LI) 1:30 Ping Pong! (LI)</p> <p>Flag Day! </p>	<p>15 9-3 Elder Law (Clinical) 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 11:45 Ping Pong! (LI) 1:00 Friday @ the Movies (LI) 3:15 Ping Pong! (LI)</p>	<p>16</p> 
<p>17</p> 	<p>18 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 12:00 Ping Pong! (LI)</p>	<p>19 8:30 Walking Group (MBSR) 9:00 Bingo! (LI) 10:00 Over a Cup of Coffee (MBSR) 10:30 Vet's Craft Class (LI) 1:00 Knitting & Crocheting (GP) 1:00 The History Lady! (LI) 2:30 Ping Pong! (LI)</p>	<p>20 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 12:00 Creative Writing Group (LI) 1:00 Knitting & Crocheting (GP) 1:00 Newsletter Committee (LI) 1:30 Civic Engagement (LI) 2:30 Birthday Party! (DR)</p>	<p>21 8:30 Walking Group (MBSR) 10:20 Bingo! (LI) 11:30 PAWS Pet Food 11:40 Travelers Class (LI) 3:00 Ping Pong! (LI)</p> <p>SUMMER!</p> 	<p>22 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 12:00 Ping Pong! (LI) 1:00 Friday @ the Movies (LI) 2:30 Ice Cream Social! (DR)</p>	<p>23</p> 
<p>24</p> 	<p>25 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 12:00 Ping Pong! (LI)</p> 	<p>26 8:30 Walking Group (MBSR) 9:00 Bingo! (LI) 10:00 Over a Cup of Coffee (MBSR) 10:30 Ping Pong! (LI) 12:30 Write Out Loud! (LI) 1:00 Knitting & Crocheting (GP) 1:15 Massage Class (MBSR) 1:30 Card Craft Class (DR)</p>	<p>27 9:00 Feeling Fit Club (DR) 10:15 Feeling Fit Club (LI) 1:00 Knitting & Crocheting (GP) 1:00 Newsletter Committee (LI) 1:30 Civic Engagement (LI) 2:00 CENTER CLOSES</p>	<p>28 8:30 Walking Group (MBSR) 10:20 Bingo! (LI) 11:40 Travelers Class (LI) 1:00 Tai Chi! (LI) 2:30 Ping Pong! (LI)</p>	<p>29 9:00 Feeling Fit Club (LI) 10:15 Feeling Fit Club (LI) 12:00 Ping Pong! (LI) 1:00 Independence Day Hat Making! (LI)</p> 	<p>30 1:00 Special Bingo Hour! (LI)</p> 

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