

Contact: Price Arnett  
Nuffer, Smith, Tucker  
619/296-0605, ext. 234  
pa@nstpr.com

**HEAD OF SENIOR COMMUNITY CENTERS APPOINTED  
TO CITY'S SENIOR AFFAIRS ADVISORY BOARD**

*Rancho Penasquitos Resident to Advise Mayor and City Council on Senior Issues*

**SAN DIEGO - Sept. XX, 2008** - Further solidifying his role as an advocate for low-income seniors, Paul Downey, president and CEO of Senior Community Centers, is being appointed by Mayor Jerry Sanders to the city's Senior Affairs Advisory Board.

Downey, a Rancho Penasquitos resident, will tap into his more than 13 years of experience with San Diego-based Senior Community Centers as he and the other members of the board serve in an advisory capacity to the mayor and city council.

Since he became president and CEO of Senior Community Centers in 1995, Downey has been a proven leader and advocate for low-income seniors in San Diego and throughout the nation. Locally, Downey has helped to expand Senior Community Center's role in providing services to low-income seniors in San Diego. During his leadership, Downey assisted with the opening of the Potiker Family Senior Residence and City Heights Square - Senior Community Centers' supportive housing complexes - and broadened services to include social, medical and mental health services.

- more -

## **SENIOR AFFAIRS ADVISORY BOARD - 2-2-2-2-2**

Outside of San Diego, Downey is the president-elect of the National Association of Nutrition and Aging Services Program, president of the California Elderly Nutrition Partnership, and president of the California Association of Nutrition Directors for the Elderly. In 2005, he was appointed as a delegate by U.S. Rep. Susan Davis to attend the White House Conference on Aging.

In his role on the board, Downey, along with other advisory board members, will make recommendations for improving communications between seniors and the city government, review city employment policies for seniors, and perform studies and surveys as requested by the mayor and city council. The Senior Affairs Advisory Board also advises on relevant issues and formation of laws, policies or procedures which may affect seniors, and report annually to the mayor and city council on the "State of the Seniors" within the city of San Diego.

Senior Community Centers is a nonprofit agency helping low-income seniors survive by providing meals, social, medical and mental health services, homeless and housing assistance, and cultural activities. For more information, visit [www.servingseniors.org](http://www.servingseniors.org), or call 619/235-6572.

# # #